



**CONNECTING BUSINESSES WORLDWIDE**

[www.adiargt.com](http://www.adiargt.com)

[aadiaarglobaltrade@gmail.com](mailto:aadiaarglobaltrade@gmail.com)

# COOKIES

## Chocolate Cookies

These Dark Chocolate Cookies are not for the faint of heart. Intensely fudgy, with melt-in-your-mouth centers and a positively outrageous amount of dark chocolate chips, these ooey-gooey beauties are dangerously delicious. These deep, dark cookies take classic double chocolate chip cookies a step farther with **THREE TIMES** the chocolate.



## Millet Seed Cookies

Millet cookies can be a healthier alternative to traditional cookies because they are high in fiber and nutrients, and have a lower glycemic index. Millets are also high in protein and contain vitamins and minerals.



## Oat Cran Berry Cookies

Compared to chocolate chip, peanut butter and sugar cookies, oatmeal cookies are marginally more nutritious. Comparing cookies of similar size, an oatmeal cookie has fewer calories than peanut butter or sugar cookies. Oatmeal cookies contain less fat and more protein, fiber and calcium than the other



## Raggi Oats Cookies

Finger Millets - Oats cookies can be a wholesome and flavorful treat, combining the goodness of oats with the nutty richness of finger millets (raggi). They're often a healthier alternative to traditional cookies due to the use of whole grains and can be a great source of fiber and nutrients.



# MILLET GRANOLA

## Oat Multi Millets Granola Dates Flavor



## Multi Millets Muesli - Honey Flavor



You can enjoy millets granola by itself as a snack , or you can serve it with milk or yogurt for tasty and filling breakfast. Some people also use it as a topping for smoothie bowls or sprinkle it over salads for added crunch and nutrition.

Multi Millets Muesli is a wholesome and nutritious breakfast option featuring a mix of different millets, oats, nuts, and dried fruits. This blend offers a diverse range of essential nutrients, including fiber, proteins, and vitamins. With the goodness of various millets such as sorghum, finger millet, and pearl millet, this muesli provides a unique and flavorful twist to your morning routine. It's a convenient and delicious way to kickstart your day with a hearty, nutrient-packed meal, promoting overall well-being and sustained energy.

# READY TO EAT HEALTHY SNACKS

## High Protein Dosa(Pan Cake)



**Urad Dal (Black Gram):** Urad dal is a key ingredient in dosa batter, contributing to its characteristic taste and fermentability. It adds a slightly nutty flavor and aids in fermentation. **Sprouted Pulses:** The inclusion of sprouted pulses, such as mung beans or chickpeas, adds a nutritious element to the dosa batter. Sprouting enhances the nutritional profile and makes the dosa healthier.

## Healthy Ragi Dosa



Ragi dosa ready-to-cook premix powder is a convenient and nutritious option for making dosa, a popular South Indian dish. Ragi, gluten free grain also known as finger millet, rich in dietary fiber, calcium, iron and other essential nutrients. The premix may contain a blend of other ingredients like rice flour, urad dal (black gram), salt, and spices. Ragi dosas typically have a slightly nutty and earthy flavor, which is distinct from traditional rice dosas.

## Cheese Corn Spinach



Indulge your taste buds in the exquisite blend of flavors with our Cheese Corn Palak, a culinary masterpiece that brings together the richness of cheese, the sweetness of corn, and the vibrant goodness of spinach.

## Pasta Mix



A pasta sauce premix is a pre-packaged blend of ingredients that simplifies the process of making pasta sauce. Typically, it includes a combination of dried herbs, spices, dehydrated vegetables, and sometimes a base of tomato powder or paste. The purpose of a pasta sauce premix is to save time and effort in preparing a flavorful pasta sauce by providing a convenient mix of seasonings.

## Veg Biryani



Experience the authentic taste of Hyderabad with our health-oriented, ready-to-cook Veg Biryani gravy mix. Made with natural ingredients, no preservatives, and no artificial colors, it delivers a wholesome and convenient meal. Our blend of Hyderabadi spices brings the true essence of the region to your table. Prepare a flavorful Veg Biryani effortlessly and savor the rich flavors of Hyderabad without compromising on your health.

[www.adiargt.com](http://www.adiargt.com)

[aadiaarglobaltrade@gmail.com](mailto:aadiaarglobaltrade@gmail.com)

# HEALTHY SOUP

## Italian Mushroom Soup



A wholesome soup with plenty of nutrients to its name.

It's an instant ready to eat soup. Just pour into 300 ml of boiling water, stir continuously to avoid lumps & enjoy delicious bowls healthy soup. It is easy to prepare within a short time.

## Broccoli Almond SOUP



A wholesome soup with plenty of nutrients to its name.

It is instant ready to eat soup. Just pour into 300 ml of boiling water, stir continuously to avoid lumps & enjoy delicious bowls healthy soup. It is easy to prepare within a short time.



**CONNECTING BUSINESSES WORLDWIDE**

[www.adiargt.com](http://www.adiargt.com)

[aadiaarglobaltrade@gmail.com](mailto:aadiaarglobaltrade@gmail.com)