



PRODUCT CATALOGUE

Arunai Super Green Ventures (ASGV)

Established in the year 2017 as an MSME with obsession of Organic & Natural value added products home economics to the community which needs to protect from ailment by means of Chemical contaminated foods & supplements environment. ASGV evolve with ambition of branding meaningful products which is having distinctive differentiation in terms of quality, traceability and pricing of course! So “**VBotanics**” is the brand and Intellectual property of ASGV and exclusive line of B2B and B2C concept in medicinal herbs & food supplements.

ASGV is an individual firm and formerly known as AGROLINE under leadership of Mr.Sekar Karunakaran is a Science Graduate & MBA with supportive hands of his follower and his son Mr.Rubesh Kumar is an Engineering Graduate from Amrita University, Coimbatore - India.

PRODUCT CATEGORIES



Super Foods and Suppliments



Traditional Rice



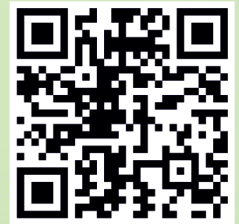
Fruit Powder



Millets & Health Mix



Dehydrated Vegetables & Fruits



(Manufactures and Exporter of Medicinal Herbs and Foods Suppliments)

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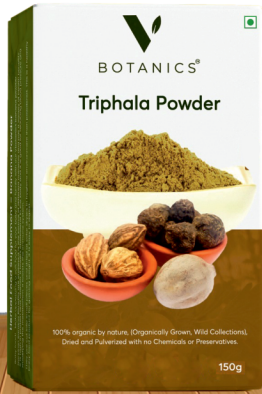
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Herbal - Super Foods and Supplements

Triphala Powder, Capsules & Tablets



Triphala is composed of the following three fruits: Embilica officinalis - Amla (Gooseberry) Terminalia bellirica, Terminalia chebula.

Health Benefits

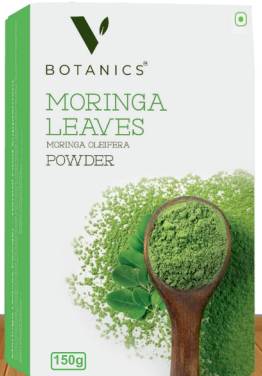
- Excellent for weight loss
- A powerful detoxifier.
- Fight against cancer.
- Reduce inflammation in the body
- Protect from dental problems
- Reduce stress and anxiety
- It is a Natural laxative

Nutritional Values (100g)	Ingredients
Protein : <1g	Embilica officinalis-Amla 33.33% (Gooseberry) Terminalia bellirica 33.33%, Terminalia-Powder chebula 33.34% Capsules: HPMC Vegetative shells, 500mg, 60 Caps per bottle. Tablets: Guar gum (additive) 500mg, 60 Caps per bottle.
Dietary Fiber : 1G	
Vitamin A : 4.2%	
Vitamin C : 16%	
Calcium : 3.45%	
Iron : 5.8%	
Riboflavin : 125%	
Thiamin : 110%	
Calories : 3.4	

How to use - Powder : 1/2 - 1 tea spoon mix with water, juice, butter milk, honey or blend with your smoothie.
Capsules / Tablets : 2 per day, 30 serves



Moringa Powder, Capsules & Tablets



Moringa is highly nutritious, wholesome food which can help provide an everlasting energy boost to your body. Moringa offers anti-aging properties,

Health Benefits

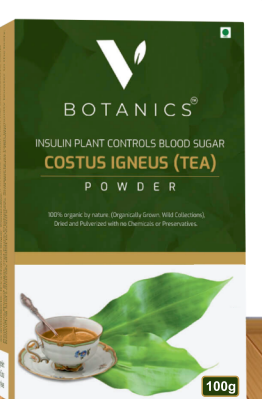
- Fights against free radicals
- Improves gastrointestinal health
- Regulates blood glucose levels
- Reduces inflammation and helps a healthy cardiovascular system
- Promotes metabolism & weight loss
- Enhances athletic performance
- Boost immunity, stamina, and energy level,
- Supports detoxification and anti aging

Nutritional Values (100g)	Ingredients
Supplement Facts (100grams)	Natural Moringa Dry Leaves Powder Capsules: HPMC Vegetative shells, 500mg, 60 Caps per bottle. Tablets: Guar gum (additive) 500mg, 60 Caps per bottle.
Protein : 22%	
Fat : 4%	
Total carbohydrates (by difference) : 25%	
Energy : Cal 222	

How to use - Powder : 1/2 - 1 tea spoon mix with water, juice, butter milk, honey or blend with your smoothie.
Capsules / Tablets : 2 per day, 30 serves



Costus Igneus Powder & Capsules



Costus igneus is one of the known medicinal plants; it's called as INSULIN PLANT IN INDIA. Anti-diabetic, Anti-inflammatory and hypolipidemic.

Health Benefits

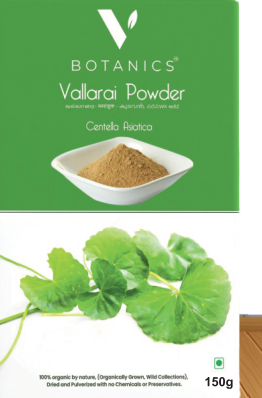
- Contains of Flavonoids, Tannins, saponins, Alkaloids, Glycosides, Lignins, and Phytosterol etc.
- The secretion of insulin to balance blood sugar.
- Maintains glucose level and as well as helps in suppressing sugar out in urine.
- Outstanding blood purifier as well as in maintaining good and clear skin.

Nutritional Values (100g)	Ingredients
Energy : 365.5g	Natural Costus igneus Dry Leaves Powder Capsules: HPMC Vegetative shells, 380mg, 60 Caps per bottle.
Fat : 2.54g	
Protein : 13.5g	
Total Sugars : 4.53g	

How to use - Powder : 6 grams a day divided in to two Servings, take 3grams powder, add to 150ml water, boil it for 3 minutes, Stir well and drink every day Before breakfast and Dinner.
Capsules : 4 per day, 15 serves



Centella Asiatica Powder & Capsules



Centella Asiatica Vallarai Keerai is a time-tested herb in Ayurveda. The first herb that comes in everyone's mind with its Nitric acid, Increase the memory and concentration power as it is very beneficial for your brain.

Health Benefits

- Protects from Hair and skin problems
- Protects from Nervous Disorders
- Helps from Stomach problems, stress and depression
- Reduce Blood Pressure
- "Medhya Rasayana" plant, meaning natural produce that remarkably promotes mental faculties, mood, memory and thinking

Nutritional Values (100g)	Ingredients
Fat : 0.5 g	Natural Centella Asiatica Powder Capsules: HPMC Vegetative shells, 500mg, 60 Caps per bottle.
Calories : 37	
Water content : 84.5 g	
Protein : 2.1 g	
Mineral Salts : 2.7 g	
Fiber : 4.2 g	
Sugar : 6.0 g	
Calcium : 224 Mg	

How to use - Powder : 5 gms a day with 100ml water, boil it for few minutes, filter and drink before food or 1 tea spoon with 1 tea spoon honey, and intake as required.
Capsules : 2 per day, 30 serves



Amla Powder & Capsules



Amla, the Indian Gooseberry. Scientifically Known as Phyllanthus emblica known for its medicinal values since long and it is used in-various forms. Many Ayurveda and herbal preparations use Amla as one of the ingredients.

Health Benefits

Amla is practically a super fruit because of rich in vitamin C. It is full of antioxidants that are effective in reducing cell damage, provides nourishment to the eyes and the brain. It reduces blockage in the arteries by boosting good cholesterol or HDL. Due to its antibacterial properties.

Nutritional Values (100g)	Ingredients
Energy : 58 cal	Embillica officinalis-Amla. Dry fruit Powder
Fiber : 3.4%	
Proteins : 0.5%	
Fat : 0.1%	
Carbohydrates : 13.7 g	
Calcium : 50 mg	
Iron : 1.2 mg	
Vitamin : 600mg	
How to use - Powder : 1/2 - 1 tea spoon mix with water, juice, butter milk, honey or blend with your smoothie	
Capsules : 2 per day, 30 serves	



Ashwagandha Powder, Capsules & Tablets

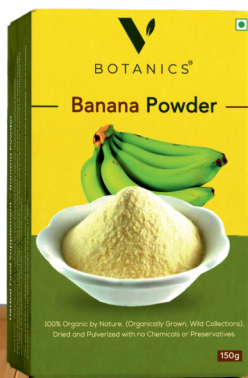
Ashwagandha is an important herb in Ayurvedic medicine. This is one of the World's oldest Medical Systems and One of India's Healthcare Systems.

Health Benefits

It helps for the following health benefits :

- Diabetics Control
- Anxiety
- Antioxidant
- Stress Relief
- Boost your Brain
- Fatigue
- Sexual Enancement
- Skin conditions
- Arthritis
- Epilepsy

Nutritional Values (100g)	Ingredients
Energy : 277 kcal	Natural Ashwagandha Dry Roots Powder
Fat : 0.3 g	
Carbohydrates : 46.9 g	
including sugars : 10.7 g	
Protein : 3.7 g	
How to use - Powder : 1/2 - 1 tea spoon mix with Milk, juice, butter milk, honey or blend with your smoothie.	
Capsules / Tablets : 2 per day, 30 serves	



Nendran Banana Powder

Nendran Banana Benefits are endless. Nenthra Pazham is the source of different nutrients and has a variety of health benefits. "Banana cures obesity, kapha, diseases of the reproductive organ, causes constipation, improves colour and destroys poisoning." (Lodhradi Gana)

Health Benefits

- Banana mitigates Pitta due to sweet taste
- It increases stomach acid - beneficial for those with too little acid.
- High in Potassium - Potassium levels are vital for those whose sodium/salt intake is high and for nerves and muscles.
- High in Vitamin B6 - Combining B12, Folic acid, and B6 is significant because they are synergistically energetic to provide protection to the heart, brain, and nervous system and more.

Nutritional Values (100g)	Ingredients
Calories : 89 kcal	Natural Nendran Banana dehydrated Fruit Powder
Carbohydrates : 22.84 g	
Dietary fibre : 12.23 g	
Fat : 0.33 g	
Protein : 1.09 g	
Vitamin B6 : 0.4 mg	
Potassium : 358 mg	
Magnesium : 27 mg	
How to use - Powder : 5grams mix with Milk, juice, butter milk, honey or blend with your smoothie.	



Jamun Seed Powder

Jamun is commonly known as Indian blackberry or Jamun. S. cumini,

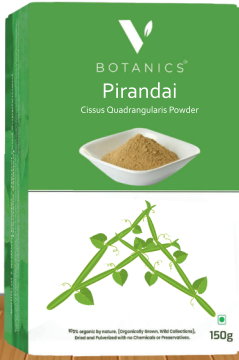
Health Benefits

- Helping in diabetes
- Rich in fiber that helps improve the smooth bowel movement.
- Used for sores, inflammation and ulcers
- Regulate blood Pressure

Nutritional Values (100g)	Ingredients
Energy : 251 k Cal.	Natural Jamun Seed Powder
Protein : 0.55 g.	
Carbohydrate : 14 g.	
Dietary Fiber : 0.6 g.	
Fat : 0.23 g.	
Cholesterol : 0 mg.	
Calcium : 11.65- mg.	
Magnesium : 35 mg.	
How to use - Powder : Mix 1/4- 1/2 teaspoon of powder with water and honey. Drink it twice a day after the meals.	
Make a paste by mixing 1/2 - 1 tea spoon of powder with honey and apply it to the face. Wash it after 15 to 20 minutes to get rid of skin infections	



Pirandai - Cissus Quadrangularis Powder, Capsules & Tablets



Pirandai is a creeper that has numerous medicinal uses and health benefits. Pirandai also called "Adamant Creeper", Devil's Back Bone

Health Benefits

- For Diabetics
- For Weight Loss
- Promote Bone Health
- Antioxidant Properties
- Prevents Osteoporosis
- Anti Ulcer Properties

Nutritional Values (100g)	Ingredients
Energy : 88.90kcal	Natural Pirandai-Cissus Quadrangularis Powder
Total Fat : 0.50g	Capsules: HPMC Vegetative shells, 500mg, 60 Caps per bottle.
Carbohydrates : 17g	Tablets: Guargum (additive) 500mg, 60 Caps per bottle.
Protein : 4.10g	

How to use - Powder : Mix 1/2 spoon (2-3 g) of Pirandai powder in a glass of warm water and drink after food.
Capsules / Tablets : 2 per day, 30 serves



Moringa Seed Oil (Cold Pressed)



Moringa oil has been used as a traditional therapeutic cure and as a topical, cosmetic ingredient since earliest times. Today, moringa oil is manufactured for a wide range of personal and industrial applications.

Health Benefits

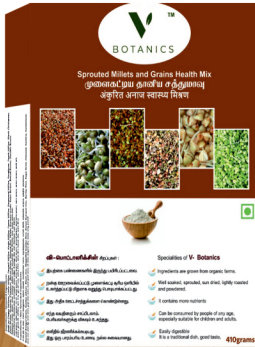
- Cleanser and moisturizer & Body Massage
- Cholesterol management
- Antioxidant
- Anti-inflammatory
- Industry usage, Cosmetics and Pharmaceutical

Nutritional Values (100g)	Ingredients
Fat : 36.70	Natural Moringa Seed Oil
Proteins : 31.40	Cold Pressed
Carbohydrates : 18.40	
Fiber : 7.30	
Ash : 6.20	
Moisture : 7.0	

Applications : Face, Hair Scalp, Leg, Hand & Full Body as Required.



Sprouted Millets & Grains Health Mix



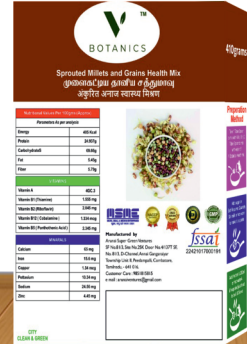
All the above products are grown in organic farms. Well soaked, sprouted, sun dried, lightly roasted and powdered.

Health Benefits

It contains more nutrients
It can be eaten by people of any age, especially suitable for children and adults.
Easily digestible
It is a traditional dish and it has good taste
Weight Loss and Energy Booster.

How to prepare :

Add one tea spoon of Health Mix to 100ml of water and mix it well, then put it on the stove for a while without stopping and let it boil for 10 minutes.



Nutritional Values (100g)

Energy	: 405 Kcal
Protein	: 24.937g
Carbohydrates	: 69.66g
Fat	: 5.45g
Fiber	: 5.79g
Vitamin A	: 4gc.3
Vitamin B 1	: 11.555mg
Vitamin B2	: 22.045mg
Vitamin B 12	: 121.334mg
Vitamin B 5	: 52.345mg
Calcium	: 65mg
Iron	: 15.6mg
Potassium	: 10.34mg
Sodium	: 24.58mg
Zinc	: 4.45mg

Sprouted Ingredients

கேழ்வரகு/ Ragi or Finger Millets/ ராமி बाजरा
சாமை/Little millet/ छोटा बाजरा
திரைன/Foxtail millet/ हिन्दी
வரகு/Kodo millet / कौदा बाजरा
நாவரகு/ Proso millet / प्रोसो बाजरा
குதிரைவாவி/ Barnyard Millet / बरनाई बाजरा
காடகன்னி / Browntop millets / ब्राउनटॉप बाजरा
வெசோளம்/ Sorghum / ज्वार बाजरा
கம்பு/ Pearl millet / बाजरा बाजरा

கருப்புமூக்கடலை/ Black chickpeas / काले चने
மக்காசோளம்/ Corn Maize / मक्का
வேர்கடலை/ Peanuts / मूंगफली
காராமணி/ Cowpeas / लोबिया
பச்சைய்யறு/ Green gram / हरा चना
உளுந்து/Moong dal / मूंग की दाल
வெள்ளி/white sesame seeds / सफेद तिल
சோயாடொமச்சை/ Soya bean / सोया बीन
மொச்சை/ Broad bean / व्याक सेम
டபுள்பீன்ஸ்/ Doublebeans/ डबल बीन्स

Non Sprouted Ingredients

உடைத்தகடலை/ Rosted Bengal Gram / काला चना
சம்பாகோதுமை/ Samba wheat / सांबा गेहूं
கருப்பகவுணி/ Black rice / काला चावल
மாப்பிள்ளைசம்பா/ Mappillai Samba Rice / दूल्हा सांबा चावल
கருங்குறுவை/ Karun Kuruvai rice / करुण कुरुवे चावल
பார்லிஅரிசி/Barley rice / जौ चावल
ஜவ்வரிசி/Sago seed / साबूदाना बीज
பாதாம்/ Almond / बादाम
முந்திரி / Cashew / काजू
ஏலக்காய் / Cardamom / इलायची